

NORTH WEST 10K 2010
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PLACE	TIME	NUMBER	FIRST NAME	SECOND NAME	CATEGORY	CLUB
1	32.05	2	PATRICK	BRENNAN	SM	LETTERKENNY A.C.
2	32.28	1	Pauric	Mc Kinney	SM	Letterkenny A.C.
3	32.54	861	Kieran	Doherty	SM	Letterkenny A.C.
4	34.27	46	Ivan	Toner	SM	Letterkenny A.C.
5	34.43	58	Jonathon	patton	M35+	Letterkenny A.C.
6	34.45	494	James	Brown	M35+	Inishowen AC
7	35.19	423	Charlie	Gallagher	M40+	Individual
8	35.29	585	Brian	Thursby	M35+	Letterkenny A.C.
9	35.31	713	Joe	Mc Kinney	M40+	Inishowen AC
10	35.33	7	Paul	Ward	M35+	Tír Chonaille AC
11	35.38	577	Ciaran	bannon	SM	Letterkenny A.C.
12	35.44	359	Ernie	Ramsey	SM	Individual
13	35.46	47	Kieran	Toner	SM	Letterkenny A.C.
14	35.50	282	Paul	Mc Glinchey	SM	Letterkenny A.C.
15	35.59	468	Colin	Mc Nulty	M35+	Finn Valley A.C.
16	36.01	118	Vincent	Mc Quaid	M40+	Individual
17	36.21	6	Martin	Gormley	M40+	Letterkenny A.C.
18	36.27	556	Sammy	Mc Ananey	M50+	City Of Derry
19	36.30	208	Teresa	Mc Gloin	SW	Finn Valley A.C.
20	36.47	491	Hugh	Duffy	SM	Cranford AC
21	36.50	204	Hugh	Gallagher	SM	Finn Valley A.C.
22	37.44	214	Sean	Mc Gettigan	SM	Finn Valley A.C.
23	37.52	212	Caitriona	Mc Granaghan	SW	Finn Valley A.C.
24	37.54	330	David	Wright	M40+	Individual
25	37.57	755	Conor	Mc Cullagh	SM	Individual
26	38.00	777	Finbar	gallagher	M40+	Inishowen AC
27	38.08	367	Christian	Mc Ginley	M35+	Inishowen AC
28	38.14	57	kevin	Mc Devitt	M40+	Individual
29	38.17	732	Cian	Friel	SM	Individual
30	38.18	432	Aidan	Mc Kenna	M35+	Letterkenny A.C.
31	38.24	778	Dermott	Logue	SM	Individual
32	38.28	89	Barry	Meehan	SM	Letterkenny A.C.
33	38.29	712	Paddy	Doherty	M50+	Inishowen AC
34	38.30	8	Gavin	Crawford	SM	Letterkenny A.C.
35	38.37	774	Paul	Cullen	SM	24/7 Triathlon Club
36	38.37	4	Helena	Crossan	SW	Inishowen AC
37	38.38	355	Marcus	mc Clintock	M35+	Letterkenny A.C.
38	38.48	482	Dan	Kirwan	SM	Individual
39	38.50	704	Darryl	Mullarkey	SM	Individual
40	38.52	277	Pauric	Kelly	M35+	Letterkenny A.C.
41	38.52	742	PJ	Boyce	M40+	Cranford AC
42	38.54	792	Mark	Daly	SM	Individual
43	38.55	595	Peter	Lilburn	M50+	City Of Derry

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44	39.01	859	Shane	Doherty	SM	Inishowen AC
45	39.05	550	karl	Duggan	SM	Individual
46	39.09	151	Martin	Mc Crossan	SM	Individual
47	39.14	74	Daragh	Crossan	SM	Individual
48	39.16	384	Jude	O'Donnell	M35+	Individual
49	39.18	209	Kay	Byrne	W45+	Finn Valley A.C.
50	39.20	287	Ciaran	O'Donnell	M40+	Letterkenny A.C.
51	39.29	703	Gavin	Malrakey	SM	Individual
52	39.41	701	Hugo	Duggan	SM	Individual
53	39.43	450	Donna	Evans	W40+	Monaghan Phoenix
54	39.45	34	John	Molloy	M50+	Individual
55	39.46	349	Noel	Diver	SM	Individual
56	39.48	567	Cieran	Graham	M35+	Individual
57	39.51	382	Paddy	harkin	M35+	Individual
58	39.53	486	Ciaran	Gallagher	SM	Individual
59	39.53	215	Kieran	Kelly	M40+	Finn Valley A.C.
60	39.57	119	Derek	Gillespie	SM	Individual
61	40.01	766	Shane	mc Nulty	SM	Individual
62	40.08	764	Comor	Clerkin	SM	Individual
63	40.09	230	Freddie	Mc Bride	M35+	Na Dunaibh CLG
64	40.10	396	Seamus	Ferry	M40+	Individual
65	40.14	126	Peter	Kardos	SM	Individual
66	40.15	964	Dermott	Mc Elchar	SM	Individual
67	40.35	45	Kevin	Tones	M50+	Letterkenny A.C.
68	40.50	336	David	maloney	SM	Individual
69	40.50	464	Kieran	Mc Monagle	SM	Individual
70	40.53	709	Vinny	Hegarty	SM	Inishowen AC
71	40.57	283	Gregroy	Campbell	SM	Letterkenny A.C.
72	40.59	265	Fionnuala	Diver	SW	Letterkenny A.C.
73	41.05	370	Pat	Gallagher	M35+	Inishowen AC
74	41.07	479	Aaron	Diver	JM	Individual
75	41.10	854	Noreen	mc gettigan	SW	Letterkenny A.C.
76	41.12	217	Paul	Mailey	SM	Finn Valley A.C.
77	41.14	390	Brendan	Cole	M40+	Individual
78	41.17	358	Benny	Mullan	M35+	Individual
79	41.18	420	Michale	Burke	SM	Individual
80	41.18	94	Stephen	Fowley	SM	Individual
81	41.20	213	Clíodhna	Dunne	SW	Finn Valley A.C.
82	41.21	30	terence	Boyle	SM	Individual
83	41.23	391	Shaun	Mc Menamin	M50+	Inishowen AC
84	41.28	66	Aiden	Higgins	SM	Individual
85	41.38	392	Gary	Gillespie	SM	Individual
86	41.42	276	Margaret	Kelly	W35+	Letterkenny A.C.
87	41.42	55	Gerard	Ryan	M50+	Letterkenny A.C.

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88	41.43	776	Gerard	Mc Elhinney	M40+	Individual
89	41.46	111	Carl	Partis	M40+	Individual
90	41.49	763	Paul	Doherty	SM	24/7 Triathlon Club
91	41.53	98	Pat	Bonner	M35+	Individual
92	41.56	467	Laura	Flynn	W40+	Rathfarnham WSAF A C
93	41.56	759	Teresa	Doherty	SW	Inishowen AC
94	41.57	557	Catherine	Brogan	SW	Finn Valley A.C.
95	42.00	125	Niall	Heffernan	SM	24/7 Triathlon Club
96	42.03	858	Padraig	Friel	SM	Individual
97	42.10	307	Seamus	Greene	M35+	Individual
98	42.10	73	Conor	Boyce	SM	Individual
99	42.12	553	matthew	Doherty	JM	Individual
100	42.13	345	Garvan	Mc Closkey	M40+	Letterkenny A.C.
101	42.15	219	Andy	Scanlan	M40+	Finn Valley A.C.
102	42.17	594	Bernard	Mc Glinchey	SM	Individual
103	42.20	28	Frankie	Mac Fhionnghaill	SM	Individual
104	42.22	471	frankie	Levelle	M35+	Inishowen AC
105	42.29	329	Paul	Cosgrove	M40+	Letterkenny A.C.
106	42.29	290	Joseph	Gallagher	M35+	Individual
107	42.30	530	Michael	Collins	M40+	Inishowen AC
108	42.30	366	Evelyn	Mc Ginley	SW	Inishowen AC
109	42.32	368	Michale	Donaghey	M40+	Inishowen AC
110	42.32	211	Mary	Connolly	SW	Finn Valley A.C.
111	42.33	165	Kevin	Gallagher	SM	Individual
112	42.36	407	Mark	Canning	SM	Individual
113	42.37	36	Richard	Raymond	M50+	Letterkenny A.C.
114	42.40	866	Seamus	Sweeney	SM	Individual
115	42.45	79	Ronan	Gildea	SM	Individual
116	42.46	389	Tom	Kelly	M40+	Cranford AC
117	42.47	547	Michael	Mc Guire	SM	Individual
118	42.53	394	Seamus	Gallagher	M50+	Letterkenny A.C.
119	42.59	35	Gerard	Mullan	M35+	Individual
120	43.00	435	Patrick	Mc laughlin	SM	Inishowen AC
121	43.08	506	Joe	Hegarty	M40+	Individual
122	43.10	216	Pat	Hegarty	M40+	Finn Valley A.C.
123	43.10	78	John	fox	SM	Individual
124	43.11	385	Maurice	Sharkey	SM	Individual
125	43.11	194	Fiona	Stack	SW	Individual
126	43.14	356	Colm	Mc Elwaine	SM	Individual
127	43.16	256	Dean	Sweeney	SM	Individual
128	43.16	947	Mark	Gibson	SM	Letterkenny A.C.
129	43.18	596	Joe	Pewtner	M40+	Foyle Valley A.C.
130	43.19	218	Seamus	Curran	M50+	Individual
131	43.20	234	Gabrial	Mc Crossan	M40+	Letterkenny A.C.

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132	43.22	493	Marie	Rooney	W45+	Tír Chonaill AC
133	43.30	232	Paul	Gallagher	SM	Individual
134	43.31	56	Paul	Harris	M40+	Letterkenny A.C.
135	43.33	515	Peter	mc Kinnet	M50+	Inishowen AC
136	43.36	487	Peter	Toursih	M35+	Individual
137	43.37	748	Patrick	Mc Glynn	SM	Finn Valley A.C.
138	43.37	473	Stephen	Burns	SM	Individual
139	43.38	12	Noel	Lynch	M40+	Letterkenny A.C.
140	43.40	339	bridget	Moohan	SW	Inishowen AC
141	43.41	579	Martin	Wallace	SM	Individual
142	43.43	403	Aaron	Barnett	SM	Individual
143	43.50	421	Paddy	Donoghue	M50+	Tír Chonaill AC
144	43.55	496	Elizabeth	Mc Daid	W35+	Inishowen AC
145	43.57	326	Jim	Toye	M35+	Individual
146	44.00	593	John	baxter	M50+	Individual
147	44.03	741	John	Carton	M40+	Foyle Valley A.C.
148	44.03	737	Daniel	Furey	SM	Sligo A C
149	44.10	225	Clyde	Mc Crabbe	M35+	Maidenhead AC
150	44.11	474	Mark	Logue	M40+	Individual
151	44.17	309	Shaun	Crossan	M35+	Letterkenny A.C.
152	44.19	174	Adrian	Mc Alary	M40+	Individual
153	44.26	546	Dermott	mc Feeley	SM	Individual
154	44.28	254	Kevin	Harkin	SM	Individual
155	44.29	788	Henry	mc Kinney	SM	Individual
156	44.31	787	Michael	Porter	SM	Individual
157	44.35	406	Darren	Beecroft	M40+	Individual
158	44.36	716	Arthur	Devlin	M40+	Individual
159	44.36	466	Paul	Ferns	M40+	Inishowen AC
160	44.37	210	Mary	Hippsey	W40+	Individual
161	44.42	517	Wesley	Mc Cromack	SM	Individual
162	44.42	377	James	Mc Laughlin	M40+	Individual
163	44.43	123	Maura	Kearns	SW	Individual
164	44.49	753	Paul	Johnston	M35+	Individual
165	44.52	583	Shaun	Cassidy	M40+	Tír Chonaill AC
166	44.54	855	Conor	Brogan	JM	Individual
167	44.56	772	John	mc Elwaine	SM	Lifford AC
168	44.59	902	Richard	Mc Carronn	SM	Individual
169	45.02	53	Terry	Mc Eniff	M40+	Letterkenny A.C.
170	45.03	69	Dan	O Connor	M35+	Individual
171	45.04	376	Vinny	Gallagher	SM	Lifford AC
172	45.05	272	Liam	Mc Ginty	M40+	Individual
173	45.06	518	Brian	Dobson	M35+	Individual
174	45.15	578	Martin	kerr	M50+	Individual

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175	45.18	949	Brendan	Callaghan	SM	Individual
176	45.19	288	Harry	Walsh	M40+	Letterkenny A.C.
177	45.23	720	Liam	Kelly	SM	Individual
178	45.30	401	Stephen	Whoriskey	M35+	Individual
179	45.30	333	Keane	Ryan	JM	Individual
180	45.37	581	Lee	Gooch	M35+	Individual
181	45.39	322	Martin	Mc Ginley	M35+	Individual
182	45.40	331	Frank	Roche	M40+	Individual
183	45.41	723	Sinead	Donagher	W35+	Tír Chonaille AC
184	45.43	148	Alan	Mc Nulty	SM	Individual
185	45.46	443	Boyd	Robinson	M35+	Individual
186	45.54	369	Michael	Doherty	M40+	Individual
187	45.57	554	Anita	Meehan	W40+	Individual
188	46.05	442	Philomena	Gallagher	W40+	Tír Chonaille AC
189	46.06	574	Brian	mc Daid	SM	Individual
190	46.13	571	Paul	Mc Daid	M35+	Individual
191	46.17	64	Donal	O' Driscoll	M40+	Individual
192	46.17	800	raymond	Flanagan	SM	Individual
193	46.20	536	Shaun	Mc Elwaine	SM	Individual
194	46.25	863	Philip	robinson	SM	Individual
195	46.28	424	Anthony	Doherty	SM	Individual
196	46.30	365	Linda	ward	W40+	Tír Chonaille AC
197	46.31	85	Chris	Carr	SM	Individual
198	46.33	476	Dillon	Ramsey	SM	Finn Valley A.C.
199	46.33	86	Damien	Mc Croary	SM	Individual
200	46.38	707	Phil	Boyle	M40+	Letterkenny A.C.
201	46.42	269	Thomas	Mc Bride	SM	Individual
202	46.43	480	James	Kearns	SM	Individual
203	46.47	192	Patrick	Sharkey	SM	Individual
204	46.49	251	Declan	Gallagher	SM	Individual
205	46.51	457	Peter	Gavigan	M40+	Individual
206	46.55	762	Patrick	Mc Namee	SM	Individual
207	46.57	478	Seanie	Henry	JM	Letterkenny A.C.
208	46.59	552	Kevin	Doherty	M40+	Individual
209	47.00	488	Paul	Mullen	M35+	Individual
210	47.01	206	Gloria	Donaghey	W45+	Finn Valley A.C.
211	47.02	735	Clive	Bell	M50+	N.W. Triathlon
212	47.04	344	Andrew	friel	SM	Individual
213	47.07	164	Frances	Doherty	M40+	Individual
214	47.07	245	Dympna	Barrett	W45+	Individual
215	47.08	205	Sean	O' Leary	M40+	Finn Valley A.C.
216	47.09	33	PJ	Friel	M40+	Individual
217	47.10	1000	Conor	Harris	SM	Individual
218	47.14	48	Charlie	Sweeney	SM	Individual

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219	47.15	485	Kevin	Gallagher	M40+	Individual
220	47.15	495	Ann	Mc Gettigan	SW	Individual
221	47.16	771	David	Lyile	M50+	Individual
222	47.16	278	Paul	Kelly	SM	Individual
223	47.22	960	Mark	Quinn	SM	Individual
224	47.25	850	kris	Allison	SM	Individual
225	47.26	589	Mark	mc Daid	SM	Individual
226	47.27	440	Eugnen	Mc gettigan	SM	Individual
227	47.28	10	Eoin	George	SM	Individual
228	47.29	9	Ben	George	M35+	Letterkenny A.C.
229	47.30	271	Danny	Mc Daid	M50+	Letterkenny A.C.
230	47.31	433	Ronan	Brophy	M40+	Letterkenny A.C.
231	47.32	484	Niamh	O' Donnell	SW	Individual
232	47.33	32	Drew	Connolly	JM	Individual
233	47.35	87	Edel	Carroll	SW	Individual
234	47.37	42	Manus	Mc Hugh	SM	Individual
235	47.38	780	Liam	Higgins	SM	Individual
236	47.38	302	Ben	Dunleavey	M40+	Letterkenny A.C.
237	47.41	464	Kieran	Mc Monagle	SM	Individual
238	47.43	93	Gerard	Mc Granaghan	SM	Individual
239	47.43	317	Michael	Doherty	SM	Individual
240	47.43	92	Monica	Mc Granaghan	SW	Individual
241	47.44	851	Charlie	Coyle	SM	Individual
242	47.44	565	Paul	Cassidy	M40+	Individual
243	47.44	319	Emmet	Downey	M35+	Individual
244	47.48	338	Tommy	Hill	M40+	Letterkenny A.C.
245	47.50	738	Brendan	Patton	M40+	Finn Valley A.C.
246	47.53	324	Stephen	Sweeney	M35+	Individual
247	47.54	29	Brendan	Byrne	SM	Individual
248	47.55	418	Michelle	Duffy	SW	Letterkenny A.C.
249	47.56	255	Dominic	Friel	SM	Individual
250	47.57	419	Maeve	Calalghan	SW	Individual
251	47.58	19	Paul	Lee	M40+	Individual
252	48.07	572	Liam	Waugh	SM	Individual
253	48.08	393	Paul	Gallagher	SM	Individual
254	48.14	523	Paddy	Hannigan	M40+	Individual
255	48.14	296	Daniel	Cullen	SM	Individual
256	48.16	725	Owen	O' Donnell	M40+	Individual
257	48.17	428	Eddie	Kelly	M40+	Individual
258	48.20	347	Gareth	Morrow	SM	Individual
259	48.20	286	Diarmuid	Doherty	M35+	Letterkenny A.C.
260	48.21	797	Karol	Kerrane	SM	Individual
261	48.27	796	Joe	Mullen	SM	Individual
262	48.27	956	Kieran	Healey	SM	Individual

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263	48.27	13	Eoiin	Fogarty	M40+	Individual
264	48.28	300	Gareth	Mc Laughlin	SM	Individual
265	48.28	912	Michael	Mc namee	SM	Individual
266	48.30	41	Niall	Carty	SM	Individual
267	48.30	95	Lynn	Crawford	SW	Individual
268	48.30	761	Gareth	Linton	SM	Individual
269	48.31	415	gareth	Cooper	SM	Individual
270	48.32	541	Laura	Gourley	SW	Inishowen AC
271	48.36	929	Peter	Mc taggart	SM	Individual
272	48.37	425	Kieran	Mc Hugh	SM	Individual
273	48.43	555	Mark	Haden	M40+	Individual
274	48.53	549	Ronan	Mc Elwaine	M35+	Individual
275	48.53	561	Bernadette	Boulous	W35+	Individual
276	48.55	253	Dominykas	Kardokas	SM	Individual
277	48.57	44	Cliff	Smith	M40+	Individual
278	48.58	397	Kyle	harper	SM	Individual
279	48.59	435	Patrick	Mc laughlin	SM	Inishowen AC
280	49.01	72	Drewry	Pearson	M50+	Individual
281	49.01	350	Deirdre	Diver	SW	Individual
282	49.02	26	Jim	Farrell	M50+	Letterkenny A.C.
283	49.02	505	Amanda	Morrow	SW	Individual
284	49.02	715	Vera	haughey	W45+	Tír Chonail AC
285	49.03	72	Drewry	Pearson	M50+	Individual
286	49.07	524	Paul	Skinnader	M40+	Individual
287	49.08	173	Nat	Doherty	W35+	Individual
288	49.12	120	K	Shields	SW	Individual
289	49.12	965	nancy	Mc namee	W40+	Finn Valley A.C.
290	49.12	529	Brid	Collins	W40+	Inishowen AC
291	49.13	456	Paul	Good	M35+	Individual
292	49.13	441	Nikita	Burke	SW	Individual
293	49.14	241	John	Russell	M35+	Individual
294	49.14	162	Dannie	Mc Hugh	SM	Individual
295	49.15	257	Jason	Brett	SM	Individual
296	49.16	257	Jason	Brett	SM	Individual
297	49.17	244	Vincent	Mc Cool	M35+	Individual
298	49.19	412	Mairead	Mc Ginty	W35+	Individual
299	49.20	925	A N	Other	-	Individual
300	49.20	491	Hugh	Duffy	SM	Cranford AC
301	49.23	915	Philip	Nicholaon	SM	Individual
302	49.24	17	Martin	mcCabe	M35+	Individual
303	49.25	115	Noelle	Mollohan	SW	Individual
304	49.26	799	Kieran	Gallagher	SM	Individual
305	49.27	226	Anthony	Harkin	SM	Individual
306	49.30	271	Danny	Mc Daid	M50+	Letterkenny A.C.

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307	49.31	908	Martin	Mc Ginely	M40+	Individual
308	49.32	789	Barry	Mc Monagle	SM	Individual
309	49.33	714	Paul	wilkinson	M35+	Individual
310	49.34	430	Noel	Malone	M40+	Individual
311	49.35	187	J	Conlon	SM	Individual
312	49.36	531	Dermott	gallagher	SM	Individual
313	49.40	913	Mark	Trayers	SM	Individual
314	49.43	341	Florin	Rusu	M35+	Individual
315	49.43	341	Florin	Rusu	M35+	Individual
316	49.45	360	Sean	Murray	SM	Cranford AC
317	49.50	62	Gary	Cassidy	SM	Individual
318	49.50	21	Danian	Mc Goohan	SM	Individual
319	49.54	395	John	Ferry	M40+	Individual
320	49.55	199	Tara	Mc Conalogue	SW	Inishowen AC
321	49.56	88	Michael	Fitzgearlard	M50+	Individual
322	49.56	68	Patrick	Mc Conigley	JM	Milford A C
323	49.57	321	Ryan	Gallagher	SM	Individual
324	49.59	323	Kevin	Wallace	SM	Individual
325	50.00	580	Gavin	Bonner	SM	Individual
326	50.01	291	Ruth	Doherty	M35+	Inishowen AC
327	50.02	422	Anne	Donoghue	W45+	Tír Chonaille AC
328	50.03	43	Bernie	Cunningham	SW	Individual
329	50.04	193	Paul	Killilea	SM	Individual
330	50.05	779	Dara	Dunne	W35+	Individual
331	50.06	334	Lee	Spence	SM	Individual
332	50.10	862	Peter	Doherty	JM	Inishowen AC
333	50.11	786	Luke	Traynor	SM	Individual
334	50.12	340	Jane	mc Ginley	SW	Individual
335	50.14	20	Julie	Cassiey	SW	Individual
336	50.15	905	Kitty	Holly	JW	Inishowen AC
337	50.17	760	Michelle	Kelly	SW	Individual
338	50.30	804	Kieran	Mc Glynn	SM	Individual
339	50.32	166	Alan	Mc Nally	M40+	Individual
340	50.33	948	Brian	Gallagher	SM	Individual
341	50.34	343	Emer	Mc Clafferty	SW	Individual
342	50.35	513	Conor	Doherty	SM	Individual
343	50.36	70	Bill	vaughan	M40+	Individual
344	50.36	71	Eunan	Mc Bride	M40+	Individual
345	50.38	237	Elise	Gillespie	W35+	Individual
346	50.39	96	paul	Crampise	M35+	Individual
347	50.40	318	Lisa	Sterritt	W40+	Individual
348	50.41	160	Michael	Mc Ginty	SM	Individual
349	50.42	739	Caroline	Villamagne	W45+	Individual
350	50.43	337	Stephen	Gibson	SM	Letterkenny A.C.

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351	50.44	24	Barry	Tinney	M35+	Individual
352	50.45	240	Fergal	Tuffy	SM	Individual
353	50.46	201	Maria	Mc Gonagle	SW	Finn Valley A.C.
354	50.56	202	Conor	Mc Gonagle	M35+	Finn Valley A.C.
355	50.58	52	Eric	Pierce	M50+	Individual
356	50.59	374	Susan	Mc Grath	SW	Inishowen AC
357	51.00	785	Michael	kennedy	SM	Individual
358	51.01	708	eamon	Gillespie	M50+	Individual
359	51.02	75	Des	Black	M50+	Letterkenny A.C.
360	51.04	139	Vaidas	Adomaitis	SM	Individual
361	51.06	916	Eunan	Gormely	SM	Individual
362	51.12	901	Francis	Nelson	SM	Individual
363	51.14	798	Dean	Mc Menamin	M40+	Individual
364	51.18	434	Patricia	Mc Kenna	W35+	Letterkenny A.C.
365	51.20	250	Marty	Bones	SM	Individual
366	51.22	249	Marie	Gallagher	SW	Individual
367	51.24	268	Conal	Gallagher	M40+	Individual
368	51.26	445	Kevin	mc Daid	SM	Individual
369	51.28	448	Catriona	Ruddy	W35+	Individual
370	51.30	181	Robert	Hickey	SM	Individual
371	51.32	133	Graham	Parker	SM	24/7 Triathlon Club
372	51.34	301	Matthew	Holmes	SM	Individual
373	51.36	410	Dan	Mc Cann	JM	Individual
374	51.38	388	David	Oliver	M40+	Individual
375	51.40	233	Robert	Mc Namee	SM	Individual
376	51.42	127	Stephen	Mc Clintock	SM	Individual
377	51.44	285	Mark	Turnbull	M50+	Garscube Harriers
378	51.48	588	John	Durey	SM	Individual
379	51.50	363	Peter	Davenport	M35+	Individual
380	51.52	105	Tim	Flanagan	M40+	Individual
381	51.56	751	derek	Shephard	M35+	Individual
382	52.00	16	Billy	Gordon	SM	Individual
383	52.04	514	Freddy	Stewart	M50+	Individual
384	52.05	773	Deaghan	Mc Bride	M40+	Individual
385	52.06	409	Dan	Canning	SM	Individual
386	52.10	918	John	Nugent	M40+	Individual
387	52.15	198	Nigel	Mc Gillan	M40+	Individual
388	52.18	227	Damian	O' Kane	M40+	Individual
389	52.20	886	A N	Other	-	Individual
390	52.23	906	Joe	Smyth	M40+	Individual
391	52.25	903	Shaun	Barron	SM	Individual
392	52.27	501	Martin	Mc Cole	SM	Individual
393	52.29	183	Orla	Mc Gowan	SW	Individual
394	52.29	117	Aileen	Gallagher	W40+	Individual

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395	52.30	525	Selina	O' Donnell	SW	Individual
396	52.30	31	Kenny	Harkin	M40+	Individual
397	52.31	967	John	Mc Clafferty	SM	Individual
398	52.31	959	Sheila	kelly	SW	Individual
399	52.32	966	Patrick	O Donnell	SM	Individual
400	52.34	417	Mairead	mc Ginty	SW	Letterkenny A.C.
401	52.36	481	Billy	Bennett	M35+	Individual
402	52.36	314	Sinead	Treaty	W35+	Individual
403	52.37	599	noel	harkin	M40+	Individual
404	52.37	364	Heather	Oliver	W35+	Individual
405	52.38	414	Niall	Toner	M35+	Individual
406	52.39	311	Sinead	Friel	SW	Individual
407	52.40	952	Michael	Mc Brearty	SM	Individual
408	52.43	169	Nora	Anderson	SW	Individual
409	52.46	458	Paul	Mc Faul	SM	Individual
410	52.50	196	Christine	Mc Gillan	W40+	Individual
411	52.52	724	Kieran	mc Guire	JM	Individual
412	52.54	454	Armando	Camacho	M35+	Individual
413	52.58	247	Trevor	Porter	SM	Individual
414	53.10	446	Emmett	Mc Clafferty	SM	Individual
415	53.12	455	Anna	Good	SW	Individual
416	53.14	911	Paul	Brady	M35+	Individual
417	53.18	497	Brian	Duffy	M35+	Individual
418	54.01	900	Suzanne	Gallagher	SW	Individual
419	54.03	584	Ciara	Steele	W35+	Individual
420	54.06	492	Ann	Mc hale	W40+	Individual
421	54.07	263	Joe	O' Brien	M40+	Individual
422	54.10	327	Pat	Mc Dermott	M35+	Individual
423	54.14	790	Mags	Wherrity	W40+	Individual
424	54.18	444	Margaret	Shiles	W40+	Individual
425	54.20	3	Linda	Mc Guinness	SW	Individual
426	54.26	59	Hugo	Blake	M50+	Individual
427	54.28	273	Hugh	O' Donnell	M40+	Individual
428	54.30	357	Jarlath	Duffy	M40+	Individual
429	54.32	570	Stephen	mc Namee	SM	Individual
430	54.34	427	Adrienne	Gilmore	SW	Individual
431	54.36	746	Claire	Nash	SW	Individual
432	54.39	543	Cieran	Gallagher	SM	Individual
433	54.41	150	Gareth	Mc Cready	SM	Individual
434	54.43	332	Adrian	Mc Garvey	SM	Individual
435	54.45	590	Lorraine	Mc Daid	SW	Individual
436	54.50	575	Regina	gallagher	SW	Individual
437	54.54	40	Audrey	Parke	W40+	Individual
438	54.56	750	Andrea	Shephard	W35+	Individual

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439	54.58	537	Teresa	Ward	W40+	Individual
440	55.00	154	Phipip	Ryan	M40+	Individual
441	55.02	97	John	Mc Colgan	M50+	Individual
442	55.04	342	Ann	Cannon	W40+	Individual
443	55.06	767	Claire	Deasley	SW	Individual
444	55.08	563	Fiona	Graham	W40+	Individual
445	55.10	769	Stuart	Murphy	SM	Individual
446	55.12	722	Callum	keaveney	JM	Individual
447	55.15	719	Victoria	Edwards	SW	Individual
448	55.18	705	Margaret	reid	W35+	Finn Valley A.C.
449	55.20	673	A N	Other	-	Individual
450	55.21	490	Gina	Mc Garvey	W40+	Individual
451	55.22	477	Cliona	Uithuirisg	SW	Individual
452	55.23	308	Sharon	Greene	SM	Individual
453	55.25	110	Roseleen	Greene	SW	Individual
454	55.26	916	Eunan	Gormely	SM	Individual
455	55.29	299	James	Browne	M40+	Individual
456	55.31	489	Michael	Mc Garvey	M40+	Individual
457	55.33	558	Cathy	Callaghan	SW	Individual
458	55.34	745	Liam	Mc Conway	M50+	Individual
459	55.36	178	Cormac	O' Kane	M35+	Individual
460	55.39	733	Rory	Crealy	SM	Individual
461	55.40	158	Clare	Feerick	SW	Individual
462	55.42	610	A N	Other	-	Individual
463	55.44	730	John	Quinn	M40+	Individual
464	55.46	533	Shaun	Doherty	M40+	Individual
465	55.47	49	Anthony	Lambe	SM	Individual
466	55.49	539	Catriona	Gallagher	SW	Individual
467	55.50	143	Barry	Dorrian	SM	Individual
468	55.51	756	Adrian	Bannigan	SM	Individual
469	55.53	728	jackie	harvey	W45+	Tír Chonail AC
470	55.54	239	Oonagh	Tuffy	W35+	Individual
471	55.55	320	Irene	Mc Fadden	SW	Individual
472	55.56	279	Ann	Devlin	SW	Individual
473	55.58	526	Gerard	Mc Fadden	M40+	Individual
474	55.59	22	Arthur	Mc Loone	M35+	Individual
475	56.03	729	Michael	mc Fadden	SM	Individual
476	56.10	930	Sean	Mc Cruddeon	M40+	Individual
477	56.14	431	Brid	Mc Caffery	W35+	Individual
478	56.18	844	A N	Other	-	Individual
479	56.25	65	Kathleen	devenney	W35+	Individual
480	56.28	917	Deirdre	Rodden	SW	Individual
481	56.30	747	Aoife	nash	SW	Individual
482	56.32	54	Derek	Brennan	SM	Finn Valley A.C.

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483	56.36	907	Darrenn	Robb	SM	Individual
484	56.38	538	Sheila	Doherty	W40+	Individual
485	56.41	274	Mary	Bonnar	W45+	Individual
486	56.43	489	Michael	Mc Garvey	M40+	Individual
487	56.45	573	Emer	Alexander	SW	Individual
488	56.50	112	Jerome	Bradley	SW	Individual
489	56.51	710	Louise	Ruddy	SW	Individual
490	56.53	229	Roger	Murray	M35+	Individual
491	56.54	498	Suzanne	Mc Closkey	SW	Individual
492	56.58	270	Karen	Mc Hugh	SW	Individual
493	57.01	562	Marie	Cassidy	W45+	Individual
494	57.05	83	Eibhlin	Moore	SW	Individual
495	57.10	121	Sinead	Brannigan	SW	Individual
496	57.20	138	Colin	Farrell	SM	Individual
497	57.23	243	Patrick	Mooney	SM	Individual
498	57.25	25	Seamus	ferry	M40+	Individual
499	57.25	587	Ann Marie	Mc Govern	SW	Individual
500	57.28	236	Thomas	Gallagher	M50+	Individual
501	57.31	408	Brendan	Canning	SM	Individual
502	57.33	411	Joe	Friel	M35+	Individual
503	57.36	910	Oonagh	Kelly	SW	Inishowen AC
504	57.40	373	Clare	Hegarty	SW	Inishowen AC
505	57.50	461	Denise	Casserlt	SW	Individual
506	57.53	262	Maurice	Murray	M40+	Individual
507	58.10	521	Nora	mc Fadden	W40+	Individual
508	58.11	182	Cathal	Mc Crossan	SM	Individual
509	58.12	306	Shauna	Harkan	W35+	Individual
510	58.13	305	Richie	Horkin	M35+	Individual
511	58.14	379	Jonathon	Jacob	SM	Individual
512	58.16	252	Mark	Quinn	M35+	Individual
513	58.17	551	Lisa	Mc Cruddeon	SW	Individual
514	58.19	447	Ray	Durack	M40+	Individual
515	58.20	522	Kate	Meenan	W35+	Individual
516	58.21	220	Christine	Feely	W45+	Finn Valley A.C.
517	58.22	310	Bernie	Crossan	W35+	Letterkenny A.C.
518	58.23	116	Finola	Ferry	SW	Individual
519	58.24	124	Kevin	Harley	SM	Individual
520	58.25	399	Sabrina	mc Cruddeon	SW	Individual
521	58.26	400	Mark	Gavin	SM	Individual
522	58.27	293	James	Tourish	M35+	Individual
523	58.30	171	Patrica	Mc Grenra	SW	Individual
524	58.31	904	Glen	Barron	JM	Individual
525	58.33	472	Lee	Hegarty	JM	Individual
526	58.35	749	Glen	Anderson	M40+	Individual

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527	58.37	516	Jimmy	Hartem	M50+	Letterkenny A.C.
528	58.38	527	Diane	Brogan	W35+	Individual
529	58.39	559	Nicola	Downey	SW	Individual
530	58.42	885	A N	Other	-	Individual
531	58.44	235	Theresa	Wiseman	W45+	Individual
532	58.45	328	Brian	Mc Kinney	M40+	Individual
533	58.49	534	james	Dorrian	M40+	Individual
534	58.50	18	Brian	Cannon	M40+	Individual
535	58.52	402	Jenni	Shiels	SW	Individual
536	58.53	921	Joe	Mc Daid	SM	Individual
537	58.54	909	Declan	Mc Cabe	SM	Individual
538	58.57	512	Michael	Kavanagh	SM	Individual
539	58.58	221	Marian	Kerr	W35+	Individual
540	59.00	459	Marie	Douglas	SW	Individual
541	59.01	130	Edward	Keeley	SM	Individual
542	59.02	297	james	mc Ginley	SM	Individual
543	59.03	149	Damien	Doherty	SM	Individual
544	59.04	81	Patricia	Peoples	SW	Individual
545	59.05	315	Raymond	Birch	SM	Individual
546	59.06	289	William	Mc Laughlin	M40+	Individual
547	59.06	511	Patrick	Chambers	SM	Individual
548	59.07	99	James	Smitg	M50+	Individual
549	59.09	569	Rosie	Diver	W35+	Individual
550	59.10	266	James	Mc Brearty	M35+	Individual
551	59.18	159	Shane	Mc Brearty	SM	Individual
552	59.25	777	Finbar	gallagher	M40+	Inishowen AC
553	59.29	351	Joanne	Gilmartin	SW	Individual
554	59.30	726	Sally	Sherry	SW	Finn Valley A.C.
555	59.35	958	Fiona	O Loughlin	SW	Individual
556	59.40	462	Martin	roarty	M40+	Individual
557	59.44	702	Marie	Conlon	SW	Individual
558	59.53	203	Mary	Martin	W45+	Finn Valley A.C.
559	59.57	375	Conor	Mc Coohan	SM	Individual
560	59.59	757	Collette	Byrne	SW	Individual
561	60.00	592	Aisling	Neary	SW	Individual
562	60.07	460	Eimear	Elliott	SW	Individual
563	60.14	540	Donna	Doherty	W35+	Individual
564	60.21	706	AnneMarie	Gallagher	W40+	Finn Valley A.C.
565	60.26	372	Eileen	Hegarty	SW	Individual
566	60.30	507	Lisa	hegarty	SW	Individual
567	60.35	853	Kathleen	Kelly	SW	Individual
568	60.36	852	Margaret	Ferry	SW	Individual
569	60.37	734	Louise	mc gowan	SW	Individual
570	60.38	582	Clare	Barbardo	W35+	Individual

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571	60.39	568	Louise	Duddy	SW	Individual
572	60.40	542	Shana	Walsh	SW	Individual
573	60.41	711	Annette	Duddy	W35+	Individual
574	60.42	281	Gema	Mc Glinchey	SW	Individual
575	60.43	61	Aidan	Spence	SM	Individual
576	60.45	60	Enda	cassidy	SM	Individual
577	60.48	303	Kieran	Diver	M40+	Individual
578	60.55	795	martina	Mc Elwaine	SW	Individual
579	61.06	564	Martin	Meehan	M50+	Individual
580	61.10	106	Ciaran	Kelly	M40+	Individual
581	61.16	346	Nicola	Doherty	W35+	Finn Valley A.C.
582	61.20	188	Paulette	O' Leary	SW	Individual
583	61.28	768	David	Mc Elwaine	M35+	Individual
584	61.34	475	Alistair	Wasson	M35+	Individual
585	61.35	280	Collete	Mc Dermott	SW	Individual
586	61.40	963	Noel	Robb	M50+	Individual
587	62.00	955	Mags	Morohan	W40+	Individual
588	62.28	465	James	humphries	SM	Individual
589	62.34	168	Lisa	Geary	SW	Individual
590	62.40	175	Anne	Robinson	SW	Individual
591	62.48	14	Joe	Devenney	M40+	Individual
592	63.00	102	Carl	Bradley	M40+	Individual
593	63.06	528	Patricia	Coyle	W35+	Individual
594	63.10	544	Jane	Mc Ginty	W35+	Individual
595	63.13	312	Rosemary	Bonner	W45+	Individual
596	63.20	962	Sarah	Thompson	W35+	Individual
597	63.25	783	Eamonn	Breslin	M35+	Individual
598	63.26	784	tara	Breslin	W35+	Individual
599	63.35	104	Pamela	O' Connor	W35+	Individual
600	63.36	587	Ann Marie	Mc Govern	SW	Individual
601	63.37	867	Collette	Clarke	W40+	Individual
602	63.38	868	Siobhan	Mc Auley	W40+	Individual
603	63.39	378	Michelle	Quinn	W35+	Individual
604	63.40	451	Charlene	Mc Gavigan	SW	Individual
605	63.41	453	Kathryn	Mc Brearty	SW	Individual
606	63.42	954	Cathal	Gillivan	JM	Individual
607	63.43	186	Teresa	Browne	SW	Individual
608	63.44	222	Veronica	Curran	W40+	Individual
609	63.45	67	Josephine	Mc Conigley	W35+	Individual
610	63.46	179	Matthew	Doherty	SM	Individual
611	63.46	38	Emma	O Carroll	SW	Individual
612	63.47	548	Martina	toner	SW	Individual
613	63.48	284	Marjana	Zoric	SW	Individual
614	63.49	591	Lisa	Neary	SW	Individual

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615	63.49	919	Mary	Whelan	SW	Individual
616	63.50	920	Sheila	Rodden	SW	Individual
617	63.55	295	Caitriona	Clay	W40+	Individual
618	63.56	959	Sheila	kelly	SW	Individual
619	64.00	718	Tracey	Boyle	SW	Individual
620	64.13	611	A N	Other	-	Individual
621	64.17	736	Denise	Mc Bride	W35+	Individual
622	64.20	883	A N	Other	-	Individual
623	64.27	519	Mary	Doherty	W40+	Individual
624	64.30	499	Michael	Coll	SM	Individual
625	64.40	63	Liam	Ward	SM	Individual
626	64.45	860	Declan	Mailey	JM	Individual
627	64.56	600	Margaret	harkin	W40+	Individual
628	65.21	947	Mark	Gibson	SM	Letterkenny A.C.
629	65.30	113	Tracy	Eden	SW	Individual
630	65.33	292	Madeline	Redmond	W45+	Inishowen AC
631	65.35	437	karen	Stewart	SW	Individual
632	65.38	935	A N	Other	-	Individual
633	65.56	335	Suzanne	Kelly	SM	Individual
634	65.59	361	Niamh	walsh	SW	Individual
635	66.00	362	Amanda	Mulvaney	SW	Individual
636	66.10	416	Conor	Mc Philemy	SM	Individual
637	66.16	129	Jennifer	Barr	SW	Individual
638	66.17	128	Suzanne	Gilmore	SW	Individual
639	66.24	358	Benny	Mullan	M35+	Individual
640	66.33	242	Sharon	Mc Cool	SW	Individual
641	66.36	992	A N	Other	-	Individual
642	66.39	413	Brian	Frame	M40+	Individual
643	66.42	84	Feena	Mc Ateer	SW	Individual
644	66.48	721	Marjorie	Mc Fadden	W40+	Individual
645	66.50	348	teresa	Mc Conlogue	SW	Individual
646	66.52	325	Edward	Crawford	SM	Individual
647	66.57	398	Kelly	Doherty	SW	Individual
648	67.20	170	Ronan	Mc Ginley	M40+	Individual
649	67.30	260	Lynn	Ramsey	W40+	Individual
650	67.33	264	Brian	Harkin	M40+	Individual
651	67.40	114	Bill	Eden	M50+	Individual
652	67.43	39	roisin	O' Donnell	W40+	Individual
653	67.47	700	A N	Other	-	Individual
654	67.51	180	Orla	Feeney	SW	Individual
655	67.57	23	Brenda	O' Neill	W40+	Individual
656	67.59	50	Angela	Gallagher	SW	Individual
657	68.08	176	Swapan	Mazumdar	SM	Individual

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658	68.13	304	maeve	Stenson	SW	Individual
659	68.15	576	mary	Mc Bride	SW	Individual
660	68.20	806	A N	Other	-	Individual
661	68.30	261	Pauline	Mc Sorley	SW	Individual
662	68.58	933	A N	Other	-	Individual
663	68.59	934	A N	Other	-	Individual
664	69.24	752	Celia	Sheridan	SW	Individual
665	69.30	404	Mary	Kessack	SW	Individual
666	69.34	671	A N	Other	-	Individual
667	69.36	672	A N	Other	-	Individual
668	69.36	950	Maria	Byrne	SW	Individual
669	69.40	951	David	Byrne	SM	Individual