

MILFORD 5K 2011

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PLACE	RACE NO.	TIME	FIRSTNAME	SURNAME	CATEGORY	CLUB
1	132	16.07	CHRIS	JOHNSTON	SM	LETTERKENNY A C
2	68	16.19	DERMOT	BRENNAN	SM	FINN VALLEY A C
3	5	16.25	KEITH	SHIELDS	M35+	FOYLE VALLEY
4	4	16.35	TERESA	MC GLOIN	SW	FINN VALLEY A C
5	69	16.38	CIARAN	CARLIN	M40+	FINN VALLEY A C
6	7	17.12	JUDE	O' DONNELL	M35+	INDIVIDUAL
7	64	17.14	P.J	BOYCE	M45+	CRANFORD A C
8	84	17.18	NOEL	DIVER	SM	ROSSES A.C.
9	6	17.25	MARTIN	GORMLEY	M45+	LETTERKENNY A C
10	103	17.41	GERARD	MC GRANAGHAN	SM	INDIVIDUAL
11	2	17.44	DEON	TOLAND	SM	INDIVIDUAL
12	12	17.45	PAT	HEGARTY	M50+	FINN VALLEY A C
13	1	17.46	AIDAN	MC KENNA	M40+	LETTERKENNY A C
14	56	17.47	RYAN	PORTER	JM	FINN VALLEY A C
15	104	17.50	BRIAN	CROSSAN	SM	INDIVIDUAL
16	45	17.51	GLEN	DUNCAN	SM	LETTERKENNY A C
17	95	18.10	DARREN	WALLACE	SM	INDIVIDUAL
18	106	18.12	JOHN	MC CALLIAN	JM	INDIVIDUAL
19	77	18.14	BRIAN	FERRY	SM	INDIVIDUAL
20	65	18.14	MICHAEL	PENROSE	M45+	FINN VALLEY A C
21	102	18.18	JASON	KING	M40+	LETTERKENNY A C
22	66	18.32	MICHAEL	GALLAGHER	SM	FINN VALLEY A C
23	135	18.34	BRIAN	GALLAGHER	SM	INDIVIDUAL
24	10	18.36	PATRICK	GALLAGHER	JM	INDIVIDUAL
25	91	18.41	NOREEN	MC GETTIGAN	SW	LETTERKENNY A C
26	100	18.43	JOSEPH	MC BRIDE	JM	INDIVIDUAL
27	43	18.48	SEAMUS	DOHERTY	JM	LETTERKENNY A C
28	134	19.02	JOE	GALLAGHER	SM	INDIVIDUAL
29	23	19.03	HUGH	COYLE	M35+	INDIVIDUAL
30	38	19.07	CHARLIE	O' DONNELL	SM	INDIVIDUAL
31	30	19.15	HUGH	GALLAGHER	M50+	LETTERKENNY A C
32	59	19.16	SHIELA	REGAN	SW	LETTERKENNY A C
33	83	19.18	TIM	FLANAGHAN	M45+	INDIVIDUAL
34	25	19.20	DAVID	MC NISH	M40+	INDIVIDUAL
35	70	19.21	PAUL	SHIELS	SM	MILFORD A C
36	76	19.23	D.B.	SHIELS	M40+	INDIVIDUAL
37	125	19.25	CRONAN	GALLAGHER	SM	LETTERKENNY A C
38	71	19.33	MICHAEL	GALLAGHER	M50+	INDIVIDUAL
39	3	19.44	JULIE	MURPHY	W35+	LAGAN VALLEY
40	79	19.46	MARK	BOLTON	SM	LETTERKENNY A C
41	108	19.55	PAUL	MATHEWS	SM	INDIVIDUAL
42	39	19.57	JEROME	BURKE	SM	INDIVIDUAL
43	88	20.00	GERARD	MULLEN	SM	LETTERKENNY A C
44	35	20.02	S.P.	BYRNE	SW	FINN VALLEY A C

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45	27	20.03	BRENDAN	MC BRIDE	M45+	INDIVIDUAL
46	47	20.07	MARTIN	ANDERSON	M40+	FINN VALLEY A C
47	37	20.10	JOHNNY	WARD	M50+	TÍR CHONAILL A C
48	74	20.12	LIAM	MALLET	M50+	CRANFORD A C
49	48	20.21	DUANE	LONG	SM	FINN VALLEY A C
50	36	20.23	KENNETH	GRAHAM	M35+	INDIVIDUAL
51	15	20.24	MAUUS	BOYCE	SM	INDIVIDUAL
52	9	20.25	TONY	GALLAGHER	M45+	FINN VALLEY A C
53	34	20.27	MANUS	PEOPLES	M50+	INDIVIDUAL
54	140	20.30	NOEL	LYNCH	M40+	LETTERKENNY A C
55	54	20.35	EUGENE	GALLEN	SM	FINN VALLEY A C
56	8	20.37	HUGH	O' DONNELL	M45+	INDIVIDUAL
57	90	20.39	RICHARD	RAYMOND	M55+	LETTERKENNY A C
58	16	20.44	JAMES	GIBBONS	M45+	FINN VALLEY A C
59	17	20.50	SEAN	O' LEARY	M45+	FINN VALLEY A C
60	18	20.55	CHRISTOPHER	MURRAY	JM	CRANFORD A C
61	78	21.05	CHRIS	COYLE	SM	INDIVIDUAL
62	40	21.08	NIKATA	BURKE	SW	FINN VALLEY A C
63	32	21.09	ADIAN	CANNON	M35+	INDIVIDUAL
64	101	21.12	ENDA	MC BRIDE	JM	LETTERKENNY A C
65	60	21.16	AOIFE	MC HUGH	SW	INDIVIDUAL
66	129	21.22	KEVIN	LOUGHREY	SM	INDIVIDUAL
67	87	21.26	SEAMUS	FERRY	M40+	INDIVIDUAL
68	28	21.42	KATHLEEN	MC NULTY	W35+	INDIVIDUAL
69	137	21.49	STEVEN	SHIELS	M40+	INDIVIDUAL
70	115	21.52	DECLAN	MC CLAFFERTY	SM	INDIVIDUAL
71	82	21.53	MARIE	BOYLE	SW	INDIVIDUAL
72	89	21.54	C.J.	MC GINLEY	M40+	LETTERKENNY A C
73	144	21.55	JOE	BLISS	SM	INDIVIDUAL
74	96	22.10	CATHAL	ROARTY	M45+	24/7 TRIATHLON
75	126	22.15	JACK	LYNCH	SM	INDIVIDUAL
76	92	22.17	SHANE	MC CRUNNEN	M40+	INDIVIDUAL
77	41	22.17	VERA	HAUGHEY	W45+	TÍR CHONAILL A C
78	33	22.20	JAMES	DOHERTY	M60+	INDIVIDUAL
79	26	22.27	NOREEN	BONNER	W50+	FINN VALLEY A C
80	46	22.28	GLORIA	DONAGHEY	W50+	FINN VALLEY A C
81	75	22.36	JILLIAN	MARLEY	JW	MILFORD A C
82	138	22.40	NANCY	MC NAMEE	W45+	FINN VALLEY A C
83	136	22.57	SHANE	BLACK	JM	INDIVIDUAL
84	118	22.59	MICHAEL	KERR	M35+	INDIVIDUAL
85	44	23.17	NIGEL	BLACK	M40+	LETTERKENNY A C
86	57	23.24	JACKIE	HARVEY	W35+	FINN VALLEY A C
87	22	23.27	MARRIAN	KERR	W35+	INDIVIDUAL
88	113	23.34	SHANE	FRIEL	JM	INDIVIDUAL
89	42	23.35	JACKIE	HARVEY	W50+	TÍR CHONAILL A C
90	24	23.37	ROSEMARY	MC NISH	W40+	INDIVIDUAL
91	63	23.39	JAMES	MC GINLEY	SM	INDIVIDUAL

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92	81	23.42	RAYMOND	COYLE	SM	INDIVIDUAL
93	29	23.48	CHARMIAN	O' BRIEN	SW	INDIVIDUAL
94	55	23.52	CORNAN	SCANLAN	M35+	FINN VALLEY A C
95	133	23.55	KATIE	FRIEL	SW	INDIVIDUAL
96	14	24.01	MAURA	O' GRADY	W45+	INDIVIDUAL
97	111	24.04	GRACE	FRIEL	W45+	INDIVIDUAL
98	93	24.08	JOE	O' DONNELL	M40+	INDIVIDUAL
99	50	24.09	GAYNOR	HINDLEY	W50+	FINN VALLEY A C
100	58	24.22	MARIE	HARPER	SW	FINN VALLEY A C
101	62	24.28	LASAIRIANA	MC HUGH	SW	FINN VALLEY A C
102	131	24.33	DEBBIE	HOUSTON	SW	INDIVIDUAL
103	13	24.42	DYMPIA	ENGLISH	W45+	INDIVIDUAL
104	53	24.45	CAROLINE	MAGUIRE	W40+	FINN VALLEY A C
105	117	24.49	RORY	FRIEL	SM	INDIVIDUAL
106	20	24.50	SYLESTER	HIEMSTRA	M40+	INDIVIDUAL
107	67	25.11	LAURA	CORBETT	W40+	LETTERKENNY A C
108	85	25.17	JO	FLANAGHAN	W45+	INDIVIDUAL
109	109	25.37	BRENDAN	SHERDAN	M40+	INDIVIDUAL
110	112	25.43	DENISE	DUDDY	SW	INDIVIDUAL
111	94	25.53	RUTH	MC CRUDDEN	W40+	INDIVIDUAL
112	80	26.16	FRANCES	COYLE	SW	INDIVIDUAL
113	97	26.20	MARY	MARTIN	W55+	FINN VALLEY A C
114	114	26.22	SHAUNA	WALSH	SW	INDIVIDUAL
115	61	26.28	SINEAD	BLACK	SW	INDIVIDUAL
116	98	27.57	JOANNE	KILMARTIN	W35+	INDIVIDUAL
117	51	28.05	SINEAD	COLLINS	W35+	FINN VALLEY A C
118	49	28.05	SIOBHAN	BYRNE	W50+	FINN VALLEY A C
119	11	28.07	JOHN	MC DAID	SM	INDIVIDUAL
120	52	28.16	DENISE	HARPER	W45+	FINN VALLEY A C
121	110	29.26	VALERIE	MC GINLEY	W50+	ROSSES A.C.
122	99	31.24	GEARDLINE	KILMARTIN	W45+	INDIVIDUAL
123	105	31.39	DEIRDRE	GORMLEY	W40+	INDIVIDUAL
124	119	34.14	CHRISTINE	COYLE	SW	INDIVIDUAL
125	145	34.14	AIDEEN	MC FADDEN	SW	INDIVIDUAL
126	31	35.20	ANN	GALLAGHER	W50+	INDIVIDUAL
127	142	39.02	PAUL	O' HARA	SM	INDIVIDUAL
128	128	39.03	MARY	O' HARA	SW	INDIVIDUAL
129	139	39.14	ANGELA	O' DONNELL	SW	INDIVIDUAL
130	141	39.46	BERNIE	NASH	SW	INDIVIDUAL